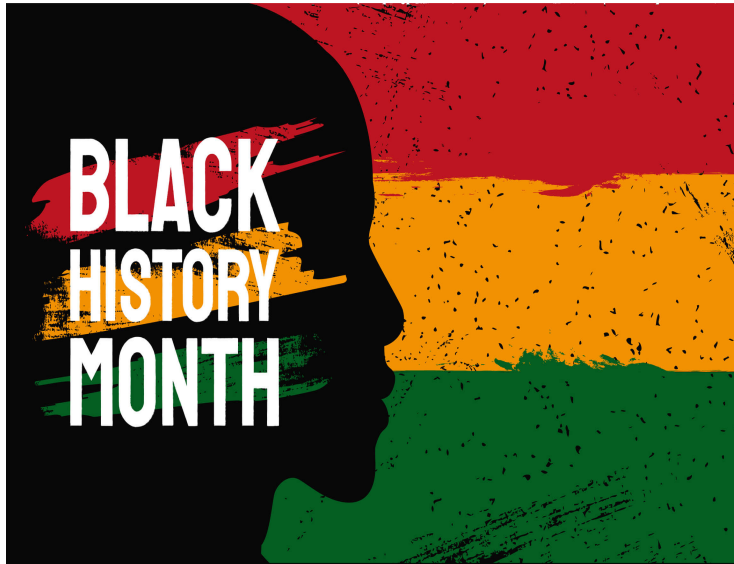




Massachusetts Alliance for Sober Housing
5 Edgell Road, Suite 30, Framingham, MA 01701

February 2022 Newsletter

February 1st, 2022



Celebrating Black History Month

This February, we celebrate Black history month in all of its grandeur. We remember those who have made a legacy that will never be forgotten for years to come. The Black History Month 2022 theme, Black Health and Wellness, explores "the legacy of not only Black scholars and medical practitioners in Western medicine

but also other ways of knowing (e.g., birthworkers, doulas, midwives, naturopaths, herbalists, etc.) throughout the African Diaspora." (ASALAH, 2022)

To read more, visit <https://asalh.org/black-history-themes/>

Happy Valentine's Day - aka Manager's 101 Training!

This Valentine's day, swoon with us at our first manager's training. Managers will learn crucial tools to improve leadership skills, communication with house members, and setting healthy boundaries. **The 1st training day will be held via Zoom on Monday, February 14th from 9:00am - 4:00pm.** Presence and participation is required for the entire day in order to receive a certificate of attendance.

To register, please visit our website or the link below:

<https://cvent.me/Lba4zk>



Upcoming MASH Trainings



RECAP: Trauma Sensitive Care with CEU

On February 9th, MASH held its first professional development training for sober home operators, directors, and mentors. The topic was Trauma Informed Care. We would like to thank all of the participants for their input and sharing their experiences. We look forward to next month's training on Burnout/Compassion Fatigue.

UPCOMING 3.0 Paperwork Training on February 16th, 2022 from 6pm-8:30pm

Training is to assist sober home operators to update policies and procedures to align with NARR 3.0. This 2 ½ hour training will be held via Zoom. This training is not for managers. Please register below:

<https://mashsoberhousing.org/training-registrations/>



MASH is on the Move

by Michael Jones,
Executive Director

(The MASH leadership team meets to discuss streamlining the certification, recertification, and inspection processes.)

The state of the Massachusetts Alliance for Sober Housing has never been stronger! The MASH team has some exciting news:

❖ The process of certification and recertification for sober homes in Massachusetts is being streamlined for your convenience. MASH is committed to a new, customer-friendly approach when working with our homeowners during this process.

❖ The Development Committee has devised exciting new recommendations to the Board of Directors. These recommendations include revamping our communications, providing more information to our owner operators, creating a secure owner operator access area on the website, improving our grievance policies, examining our price tiering system, arranging common group discounts, and allocating fire and sprinkler money to certified sober homes. This Committee, headed by Paul Thomas, is doing an incredible job!

❖ Kimberly Erazo, on the MASH staff, is actively training to provide optimal customer service to our clients. Please contact her if you require any assistance from our staff.

❖ MASH, with the help of Senator Keenan, has been successful in obtaining financial assistance for implementation of fire sprinkler systems for our certified sober homes. Please check this newsletter for updates as we go through the process. Help is on the way!

❖ MASH continues to receive funding with our probation and parole grant. Please let us know if you would like more information about this funding.

❖ MASH has a robust training schedule on our website for the coming year. Owner/Operators and Mentors are encouraged to avail themselves of these informative training opportunities.

<https://mashsoberhousing.org/wp-content/uploads/2021/12/MASH-Website-Calendar-2022-v2.pdf>

❖ MASH is upgrading our documentation, templates, training, and support to be fully compliant with the National Association of Recovery Residence's new 3.0 standards.

❖ MASH is embarking on a comprehensive advocacy program for sober homes in Massachusetts. We will be canvassing Beacon Hill with a public relations and government relations plan to enhance the image of sober homes in our state while fighting against the "Not In My Back Yard (NIMBY)" issue.

❖ While there is a great deal of momentum with our new committees, MASH encourages your participation in the Owner/Operator Committee, Development Committee, Ethics Committee, and Training Committee. We value your voice and your input!

On a personal note, I have immensely enjoyed my first six months as Executive Director of MASH. I am honored to be at your service. Please know that my door is always open to our Owner/Operators, Mentors, and Sober Home Clients. The MASH team here in the office welcomes your suggestions, comments, concerns.

Thank you,
Michael Jones
Executive Director



Don't Forget to Add Us on Social Media!



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@officeMASH2022

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@officeMASH2022